



## News from RWN President, Linda Heeler

As women, we wear many hats. We are professionals/business owners, wives, mothers, daughters and volunteers to name a few. Deciding where to put our attention can be tricky at times.

I recently witnessed a conversation where some had noticed that “busy” has become a badge of honor and synonymous with successful. They wondered, is that was really true? Just because we’re busy, does that mean we’re successful?

Personally, I’m not impressed by someone who is stressed out by taking on too much. If you’re resentful, exhausted and not enjoying yourself, then it’s time to make some changes or make a request for support.

We are all trying to manage the facets of our life: work, family, relationships, well-being, money, and so on. The practice is to daily, and sometimes moment to moment, check in and see what we need to create harmony in our lives.

This includes our volunteerism.

At the beginning of this year, I invited the members of the RWN Board to practice taking care of themselves, their careers, their families as well as their obligations to RWN. My intention was to not only avoid having RWN be just another “thing” added to their already overflowing plate but also provide an atmosphere to practice our leadership while supporting each other. For most of us, it comes easily and feels good when we can be of service to others. However, it may not be so easy when it’s us who needs a hand. When we practice reaching out and making requests for support, we give

July/August, 2018

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a blessing to us. What a gift for all!

Because RWN relies almost entirely on volunteers, we have many who dedicate their time, talents and/or treasures. To all of our volunteers I say, thank you!

And, I invite you to look and see what you need to create harmony in the professional, family, personal and volunteer facets of your life. If you are stressed out, overwhelmed and/or resentful, consider reaching out to a trusted friend, family member, co-worker or fellow RWN member and ask for a hand.

Supporting and lifting each other up is what RWN is all about. Because, when one of us rises, we all rise and we're all in this together!

In unity,

*Linda Heeler*

### News from the RWN Office

The major events committee is busy working on RWN's 40<sup>th</sup> Year Celebration! We will be hosting a 40<sup>th</sup> Birthday party on Friday, November 16, 2018. Please mark your calendars! The event will be held at Ballroom 384 (part of City Grill at East and Alexander). More details will be available by August.

If you are interested in sponsoring this event to commemorate 40 years of working women in Rochester please contact Teresa Delibert ([Teresa@delibertemployment.com](mailto:Teresa@delibertemployment.com)) Or Jillian Jones ([jillianj@supportivedivorcesolutions.com](mailto:jillianj@supportivedivorcesolutions.com))

RWN Board Opening – RWN is seeking a member to join the RWN Board as the VP of Finance. To qualify you must be an RWN for a minimum of 3 years. CPA preferred or solid understanding of financial statements. If you are interested please contact Linda Heeler or Sandy Richardson.

Educational  
Partner Network  
NAZARETH COLLEGE

RWN continues their partnership with Nazareth College, a significant opportunity for members interested in pursuing a master's degree. The

Nazareth College Educational Partnership provides RWN members with a 20% tuition discount and opportunities for professional development, career advancement, network building, and acquisition of necessary, relevant skills that benefit our members.

Members receive the tuition discount for graduate degrees in education, human resources, management, or

marketing at Nazareth, in addition to any employer tuition benefits. Please visit the [Nazareth Partnership Network Webpage](#) for more details and how to apply.

## RWN New Members and Renewals

### Renewals

Dee Alexander  
Joy Bergfalk  
Jennifer Cave  
Dresden Engle  
Rochelle Fields  
Gidget Hopf  
Debbie Klein  
Angela La Vecchia  
France McDonald  
Brigid Ryan  
Lori Sussle Bonani  
Jennifer Watson

### Welcome

Abbey Braddon  
Tammy Butler-Fluitt  
Tiffany Castiglione  
Jenette Chambers  
Sister Diana Dolce, SSJ  
Jennifer Hackett  
Barbara Hellman  
Alexandra Kerr  
Kerri Manley  
Constance Mitchell-Jefferson  
Kelly O'Connell  
Ashley Probst  
Darlene Robare-Kessler  
Samantha Standing  
Carolyn West

### Member News:

RWN has received multiple notices from non-profits seeking Board Members and Volunteers – you may find these on the members homepage (log-in as a member) under job postings.

### [Job opportunities in the Rochester Area](#)

**Borinquen Dance Theatre** – Seeking part time Project Manager & part time Grant Writer.

[Click here for details](#)

### Perinton Family Acupuncture

**Position Opening: Office Assistant** Starting date: July 2018

Perinton Family Acupuncture is looking for an enthusiastic and well organized individual to support and coordinate the daily activities of an active acupuncture clinic.

#### *Administrative duties include:*

Communicating with patients, answering phones and greeting patients in a timely, respectful and efficient manner.  
Scheduling appointments  
Electronic medical billing, filing insurance claims and managing patient accounts  
Maintaining records  
Handling daily correspondence  
Preparing treatment rooms  
Ensuring clinic is well stocked with office supplies and equipment  
Maintaining a clean clinic environment  
Assisting acupuncture clinicians as needed

#### *General skills and abilities:*

Works well with a team

Good interpersonal skills as well as written and verbal communication skills

Has good judgment

Proficiency with a computer

Experience in a medical setting preferred but not required

This is a part time position at 16 hours a week including Mondays, Tuesdays and Thursdays.

Interested candidates may send resume and cover letter to Renee Nearpass, Licensed Acupuncturist & Owner at 6800 Pittsford-Palmyra Road, Suite 350, Fairport, NY 14450  
or [renee@perintonfamilyacupuncture.com](mailto:renee@perintonfamilyacupuncture.com)

All inquires may be directed to Renee Nearpass by phone at 585-598-3866.

**Excellus BC/BS Various:** Excellus BlueCross BlueShield is headquartered in Rochester, New York and is part of a \$6.6 billion family of companies that finances and delivers health care services across upstate New York and long term care insurance nationwide. Collectively, the enterprise provides health insurance to about 1.5 million members and employs nearly 6,000 New Yorkers. Employees are united by our Lifetime Way Values & Behaviors that include: Diversity & Inclusion, Compassion, Pride, Excellence, Innovation and Having Fun.

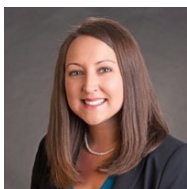
We aim to be an employer of choice by placing value on workforce diversity, creative thinking, work-life balance, employee development and from offering competitive compensation and benefits.

For employment opportunities go to [EXCELLUS](#)

**HR WORKS:** Various Opportunities: <http://www.hrworks-inc.com/careers/job-opportunities>

**Delibert Employment Solutions:** Various Opportunities: <http://www.delibertemployment.com/Careers.aspx>

## Spotlight: RWN Board Member: Jillian Jones, Supportive Divorce Solutions



Jillian Jones is a Financial Divorce Consultant and the Founder of Supportive Divorce Solutions. Supportive Divorce Solutions is an independent consulting firm based in Rochester, NY that provides services and consultation exclusively in divorce financial planning. Her clients are educated and informed so that the next chapter of their life is clear and secure with the most financially sound agreement possible.

Jillian received her B.S. degree from SUNY Geneseo and was awarded her MBA by Saint John Fisher College. She holds the designation of Certified Divorce Financial Analyst® from the Institute for Divorce Financial Analyst.

In addition, Jillian holds securities licenses through FINRA along with her Life, Accident and Health Insurance through NYS. She is honored to be a preferred vendor by the University of Rochester/Strong Medical Center Employee Assistance Program.

In addition to serving on the Board of Directors for Rochester Women's Network Jillian is also on the Program & Revenue Development Committees. She actively participates with several SIGs too! Jillian serves on the Membership Committee for the Collaborative Law Association of the Rochester Area. She is a member of the International Academy of Collaborative Professionals, Greater Rochester Association for Women Attorneys and the Webster Chamber of Commerce. She also volunteers her time and knowledge with Rochester based Coffee Connection and Junior Achievement.

## Upcoming Events

**The Power of Allies: The Role of Men in Women's Quest for Parity - RWN joint event with Xerox, Harris and OCD**

**Date:** Tuesday, July 17, 2018

**Time:** 5:30 p.m.

**Location:** Xerox Campus, Gil Hatch Center for Customer Innovation, Webster, NY 14580

**Price:** \$40

**RSVP:** [Register online NOW](#)

**RWN Free (to Members) Monthly Networking**

**Encouraging all new members to join us in July!**

**Ambassadors will be available to introduce you to new and existing members!**

**Sponsors:** Irene McKenna, Irene McKenna Coaching, Creating Peace in Parenting

**Date:** Wednesday, July 25, 2018

**Time:** 5:00 p.m. to 7:30 p.m.

**Location:** Rochester Research Associates – Thank you Jennifer Cave

**Price:** Members: FREE, nonmembers \$10

**RSVP:** [Register online NOW](#)

**Explore RWN: Information Session for RWN**

**Date:** Tuesday, July 31, 2018

**Time:** 5:30 p.m. to 7:00 p.m.

**Location:** Perkins Mansion/AAUW, 494 East Ave, Rochester, 14607

**Price:** FREE

**RSVP:** [Register online NOW](#)

## Going from Good to Great Customer Service Guest Speaker: Sandy Sloane

**Date:** Tuesday, August 7, 2018

**Time:** 7:30 a.m.

**Location:** Five Star Community Room, 395 Westfall Road, Rochester, 14620

**Price:** Members \$10 before 07.22.18, \$15  
Non-members \$15 before 07.22.18, \$20

**RSVP:** [Register online NOW](#)

## RWN Committee Announcements

### Marketing and Newsletter Committee

The Marketing Committee is committed to getting the news out about all of the amazing things that RWN has to offer...but we can't do it alone! We need you to share our posts, forward the emails, and invite friends and colleagues to our events and to membership. Follow us on [Facebook](#), and [Twitter](#). Join our committee to share your marketing talents with RWN!

**Date:** 4<sup>th</sup> Thursday of the month Next meeting July 26

**Time:** 4:30 p.m.

**Location:** RWN Office, 2509 Browncroft Blvd, Suite 211

**RSVP:** No Registration Required. For more information, contact Susan Jefferson at [susan@techcreativewebdesign.com](mailto:susan@techcreativewebdesign.com)

### Ambassador Committee

Ambassador Committee Members mentor new RWN Members to help them maximize their RWN experience. Committee members contact new members to explain their own RWN experience and how it has benefited them as well as finding the right SIG and/or Committee that matches the new members' goals and purpose for joining RWN. The Ambassador Committee is always looking for new volunteers to share the benefits of their RWN experience with new members. Our group generally meets quarterly.

**Date:** Meet Quarterly. Next meeting: July 25, 2018

**Time:** Noon (with the membership committee)

**Location:** Rochester Research Associates, 1115 East Main Street (Hungerford Bldg – DOOR 7), 14609

For more information, contact Nancy Woolver at [newoolver@ft.newyorklife.com](mailto:newoolver@ft.newyorklife.com) or (585) 683-2981.

## Membership Committee

### Member Spotlight: Holly Hewins

*Why I joined RWN:*

I joined RWN because my career counselor suggested it. I was in transition and frustrated with my job search. I got involved slowly, first by attending an Orientation and Recruitment meeting, what is now Explore RWN, attended a few Special Interest Groups and eventually serving on a committee.

*Why I am Still a RWN Member:*

Because of the amazing women I have met and continue to meet with careers very different than my own. Through RWN I found my voice at work and I believe the leadership skills I have obtained resulted in my promotion to Vice President and Team Leader at KeyBank. I negotiated a higher salary than what was originally offered after attending the RWN Summit that had a program on pay equity.

Those are some of the tangible benefits I received from RWN. One of the intangible benefits is having a network of trusted advisors for both my personal and professional life. I seek other member's advice and find it invaluable. In addition, as my network has grown I feel more connected to the Rochester community as a whole.

If you are not yet a member of RWN, I encourage you to join and if you are a member I encourage you to increase your involvement.

If you'd like to share your story of why you joined RWN, please email Lynn Kerr at [lynn@bookeepkerr.com](mailto:lynn@bookeepkerr.com).

New member application

link: <https://www.runmyclub.com/RWN/application.asp>

Membership Renewal

link: <https://www.runmyclub.com/RWN/renewal.asp>

Please contact Sandy at (585) 271-4182 or at [rwn@rwn.org](mailto:rwn@rwn.org) if you have any questions.

The Membership committee works on developing strategies to retain current members and recruit new members. New committee members are always welcome to attend our meetings and share growth opportunities, retention initiatives, and explore potential RWN opportunities. If you can't make a meeting, suggestions for membership initiatives are always welcome via email.

The Membership Benefits document has been updated and posted on the RWN website

<http://www.rwn.org/levels.html>. We encourage members to review the benefits of different levels of membership and determine which level best suits their needs.

Reminders: SIGs are a member benefit. Please keep your membership current and don't forget your loyalty card when attending RWN events. Once you have had your loyalty card signed for attending twelve different RWN events in one year, you are entitled to get 20% off your next year's membership dues, whether you stay at the same level or upgrade to a higher membership level!

LOYALTY Cards: Everything you always wanted to know but were afraid to ask!

1. They do not expire.
2. Free networking events do not apply.
3. Member can have card signed once per year by committee chair or co-chair, for each committee they participate in.
4. Member can have card signed once per year by SIG leader for each SIG they participate in.
5. Member who brings in new paid member can have card signed for each new member.

We meet the fourth Wednesday of every month at noon. If you have any questions, or want more information, please contact Lynn Kerr at [lynn@bookkeepkerr.com](mailto:lynn@bookkeepkerr.com).

**Date:** Fourth Wednesday of the month. Next meeting: July 25, 2018

**Time:** Noon

**Location:** 1115 East Main St (Old Hungerford Bldg.) Rochester, NY 14609

**RSVP:** Contact Lynn Kerr if you plan to attend at [lynn@bookkeepkerr.com](mailto:lynn@bookkeepkerr.com).

### Finance Committee

Have you ever thought about where RWN's revenue comes from or where it goes in a non-profit organization? Now is a good time to join our Finance committee and learn more about our financial obligations. Our committee works behind the scenes in areas that keep RWN running to include providing annual budgets, reviewing contracts, and supporting other committees as the financial liaison. I am confident that the knowledge you acquire from this committee will benefit your own career (or personal) success. Come join our group, no financial experience required.

**Date:** July 31

**Time:** 7:30 to 8:30 am

**Location:** Conference Call: contact Cindi for details

If interested in joining our committee, contact Cindi Crowley at 585.329.9079 or [cindi@rochester.rr.com](mailto:cindi@rochester.rr.com).

### Explore RWN - Orientation & Recruitment Committee

The Explore RWN committee is seeking volunteers to share their RWN experiences and their enthusiasm about RWN. The Committee organizes and holds orientation and recruitment sessions approximately every six weeks for potential members, new members, and members who just want to find out more about RWN. This is a great opportunity to practice your public speaking skills. This is also a great opportunity to network with potential and new RWN members.

Next Explore RWN: July 31, 2018. **Please note new location: Perkins Mansion on East Ave.** See event details above to register.

For more information or to join the committee, please contact Amy Varel at [avarel@mccmlaw.com](mailto:avarel@mccmlaw.com) or (585) 546-2500.

### 2018 Program Committee

Develop programs to engage RWN members on a professional and personal level. We reach out to cultural organizations, corporations, and individuals to achieve goals and objectives of RWN in a fun, relaxed environment.

We welcome all RWN members to stop in for one of our programming meetings to see what it's about, and see if it's something for you! I look forward to seeing new faces at our next meeting.

Please join us for our upcoming programs. Details are available online at [RWN Upcoming Calendar of Events](#)

**Date:** First Thursday. Next meeting: July 5th

**Time:** Noon

**Location:** East Ave Wegmans

**RSVP:** Come join us! Email Linda for details

For more information, please contact Holly Hewins or Carol Kennedy: [hollis\\_hewins@keybank.com](mailto:hollis_hewins@keybank.com) OR [carol@carolkennedylmt.com](mailto:carol@carolkennedylmt.com)

### Monthly Free Networking Committee

Do you want to meet new friends and business contacts? Are you interested in having fun for **free** with other RWN members? Would you like to visit offices of local businesses and learn more about other Rochester Women Network members? Is drinking wine, eating snacks, and chatting with others all activities you enjoy?

If you answered yes to any of those questions, the monthly Free Networking is perfect for you! If it's been a



while since you attended a monthly Free Networking event, you've been missing quite a bit. In response to members' suggestions, we've built in fun icebreakers as part of the event, sometimes featuring silly questions, team building activities, and informative questions and answers. You never know what interesting facts you may learn about the person standing right next to you!

Our enthusiastic and engaging committee is eager to have your participation in the form of sponsorship of one of our monthly events or just by attending. In July we are encouraging all new members from the past 12 months to attend – Ambassadors will be present to introduce you around the room!

So, make sure to mark your calendars for 2018 Free, to members, Networking events: July 25, August 22, September 26, October 24, and November 28

Looking forward to seeing you all soon!

Warm regards, Sandy Sloane, Lauren Goetz, Jennifer Watson, and Jessica DeCotis

## 2018 Major Events Committee

40th Birthday party will be held on Friday, 11.16.18 at Ballroom 384! Please put this date on your calendar, more details available in August.

Interested in Sponsoring RWN's 2018 events please contact Teresa Delibert ([Teresa@delibertemployment.com](mailto:Teresa@delibertemployment.com)) or Jillian Jones

[jilliani@supportivedivorcesolutions.com](mailto:jilliani@supportivedivorcesolutions.com) [Click here for the sponsorship package/opportunities.](#)

## Community Service Committee

Network while giving back to the community. For more information, contact Brigid Ryan

<mailto:brigidsryan@gmail.com>

**Date:** First Monday of the month. Next meeting: August 6, 2018

**Time:** 6:00 p.m.

**Location:** RWN Office – 2509 Browncroft Blvd, Suite 106 (conference room), Rochester, 14625

**RSVP:** Please contact Brigid Ryan at

[brigidsryan@gmail.com](mailto:brigidsryan@gmail.com)

## Special Interest Groups (SIGs)

One RWN member benefit is the opportunity to participate in our SIGs. If you are interested in

attending a SIG please join RWN. Click [here](#) for the link to our membership page.

## NEW! RWN Leadership SIG

Leading with Purpose FACILITATORS: Cynthia Ely, Michelle Wescott

Cynthia Ely [MissCynthia@rochester.twcbc.com](mailto:MissCynthia@rochester.twcbc.com); Michelle Wescott [mwescott@gillespieassociates.com](mailto:mwescott@gillespieassociates.com)

**Purpose:** To help each member become conscious of his/her leadership skills, provide support and peer guidance, provide a forum for problem-solving, and share best practices.

**Group Demographics:** We welcome members who are in leadership positions, transitioning into leadership positions, or have knowledge and experience to share.

**Description:** We are an interactive group. We provide peer support, conscious leadership development, and problem-solving. Members are encouraged to: ♣ Request help and/or encouragement. ♣ Share leadership or management challenges. ♣ Be open to receiving thoughts, ideas, and suggestions from members.

\*Members are required to maintain confidentiality.

**Format:** Our group utilizes a variety of methods to increase learning and develop conscious leadership skills: books and articles, videos, panel discussions, speakers, and experiential learning activities. At each meeting, we will select three members who are seeking help with a problem or challenge. Our intent is to have them leave the meeting with possible solutions and/or a plan they feel good about.

**Group Size:** 15

**Day, Time & Meeting** Third Friday RWN office: 7:30 a.m. to 9:00 a.m. networking 7:30 a.m. to 8:00 a.m., Meeting 8:00 a.m. to 9:00 a.m.

**July Date:** Friday 07.20.18

## Accountability SIG - Resuming in January 2018

**Date:** Third Wednesday of the month – 07.18.18

**Time:** 6 pm

**Pricing:** Included with RWN membership

**Info:** For more info & location please contact Tamara MacDuff at <mailto:tamara@nowdigitalmarketing.us>

## New SIG! Destress for Success

**Contact:** Alana Cahoon: [alana@grow2bu.com](mailto:alana@grow2bu.com)

**Date:** Third Tuesday of the Month, next meeting July 17

**Time:** Noon

**Location:** Grow 2 B U Office, 11 N. Goodman, Rochester, 14607

**Pricing:** Included with RWN Membership

**RSVP:** by to Alana Cahoon

### Board of Advisors SIG (BOA)

**Contact:** Dawn Hampsey: [dawn@hampseycpa.com](mailto:dawn@hampseycpa.com)

**In honor of 4<sup>th</sup> of July, JULY meeting will be Wednesday, 07.11.18 from 10 am – Noon. Please Contact Dawn for more details. Thank you!**

Meet the first Wednesday of each month from 3:00 p.m. to 5:00 p.m. Membership is restricted to individuals who are business owners working full time at their business. Attendance at meetings is required, with two absences a year allowed. Members can call in for a meeting if they are unable to attend in person. If you are interested and would like more information, contact Dawn Hampsey

### Success in Giving (SIG) SIG

**Contact:** Jodi Atkin [jodiatkin@gmail.com](mailto:jodiatkin@gmail.com)

The group **will meet on the first and third Thursdays of the month**, with networking at 8:00 to 8:30 a.m. and the formal agenda at 8:30 to 9:30.

**Date:** July 5 & July 19

**Time:** 8:00 a.m. to 9:30 a.m.

**Pricing:** Included with RWN membership

**RSVP:** Interested members must contact SIG chair to seek group approval in order to maintain a safe environment that is free of competition.

### Restauranteers SIG

**Contact:** Joanne Madonia, [jmmral@rit.edu](mailto:jmmral@rit.edu)

**Date:** Off for the Summer – will return in September!

**Time:** 6:00 p.m.

**Location:** Varies monthly. Members should register online.

**Pricing:** Members pay for their own meals and drinks.

**RSVP:** If you wish to attend, please sign up online at [www.rwn.org](http://www.rwn.org) once you are logged in as a member. Questions? Contact Joanne Madonia, SIG Chair, at 585-475-7456 or by email: [jmmral@rit.edu](mailto:jmmral@rit.edu)

### Rochester Women Refer SIG

**Contacts:** Megan Mills [mmills1@farmersagent.com](mailto:mmills1@farmersagent.com) or France MacDonald at [info@FranceMacDonald.com](mailto:info@FranceMacDonald.com).

The RWN Rochester Women Refer SIG **meets the second and fourth Fridays of the month at noon**. Only one representative from each industry is allowed. Attendance is required with an occasional sub when you can't make it. This is to ensure that the group stays robust and interactive with the members.

**Date:** Friday, July 13, & July 27

**Time:** Noon

**Location:** Perkins Mansion, East Ave

**RSVP:** Megan Mills or France MacDonald

### Sales & Marketing SIG

**Contact:** Jackie Johnson: [jackie@offsiteaccounting.co](mailto:jackie@offsiteaccounting.co)

Meets the third Thursday of every month. Please send an email to [jackie@offsiteaccounting.co](mailto:jackie@offsiteaccounting.co) if you are planning to attend, we have to give a count to the restaurant. This is a free event, but you do have to purchase lunch.

**Date:** Third Thursday of every month. Next meeting: 07.19.18

**Time:** 11:45 to 1:00 p.m.

**Location:** Browncroft Family Restaurant

**Pricing:** Members pay for their own meals and drinks.

### Finance SIG

**Contact:** Holly Hewins, [mailto:hollis\\_hewins@keybank.com](mailto:mailto:hollis_hewins@keybank.com)

**Date:** 3<sup>rd</sup> Wednesday of the month, next meeting July 18, 2018

**Time:** Noon to 1:00 p.m.

**Location:** The King & I, 1455 E. Henrietta Road

### Wine SIG, Part Deux (A Drinking group with a networking problem)

**Contact:** Katie Rudow, [Katie.Rudow@morganstanley.com](mailto:Katie.Rudow@morganstanley.com)

**Date:** Third Thursday of the month, Next July 19, 2018

**Time:** 5:00 p.m.

**Location:** Flight, 262 Exchange Blvd., Rochester, NY 14612

**Pricing:** Please bring cash or check to cover expenses.

Tentative Schedule for 2018 – 3<sup>rd</sup> Thursday of the month  
August: RG Sons  
September: Awino  
October: Black Horse Bistro  
November: Chocolate and Vines  
December: Gust of Sun Winery

## Community Connections

### Empire State Development's Division of Minority and Women's Business Development

**Date:** July 19, 2018

**Time:** 8 am

**RSVP:** [More Information](#)



Common Ground Health is conducting an important community health survey in partnership with the African-American and Latino Health Coalitions, and the public health directors in each of our nine Finger Lakes counties.

We are gathering health stories from as many residents of our region as possible in order to learn more about our region's health-related needs and help develop strategies for addressing public health priorities. Please tell us your story through the survey below and then share the link with family, friends and colleagues. The survey will take 15 to 20 minutes of your time.

You can complete the survey anonymously, or enter your name and email for a chance to win a \$500 gift card to a local supermarket or gas station. \*\*

To begin the survey in English, click here: [MyHealthStory2018.com](http://MyHealthStory2018.com). For Spanish, follow this link: [MiHistoriadeSalud2018.com](http://MiHistoriadeSalud2018.com).

### Angels of Mercy 5K and one mile walk

August 25, 2018

**Angels of Mercy** serve women with life-controlling issues, helping them achieve FREEDOM, DIGNITY and RESTORATION with the programs and services which include: The Butterfly Boutique, Hearts in Motion, and Women Moving Forward.

At the Butterfly Boutique located on N. Winton Road in Rochester we let women come in, free of charge to "shop" for professional, career clothes so they can successfully enter the work force and restart their lives.

*If you would be able to share, promote, participate or donate to our upcoming event we would be delighted!*

Here is the race information link and below is our website for more information!

<https://runsignup.com/Race/NY/Rochester/StoptheTraffickingEndtheCycleRunWalk>

## CenterStage Theatre Announces "Game Changer" Season at JCC

From the impact of the Beatles, to America's favorite TV sex therapist, to ground-breaking moments on Broadway, **CenterStage Theatre's** new season of plays and musicals is a celebration of people and events that left a lasting impact on the world we live in. It begins with the area premiere of a show by the musical theatre duo behind *La La Land*, *Dear Eva Hansen* and *Christmas Story Live* and closes with a re-imagining of a Rodgers & Hammerstein classic.

The season stays true to Artistic Director Ralph's Meranto's pledge to focus on new works and featured 3 area premieres including last season's hottest Broadway play, *Indecent*, and an all-new edition of the home-grown *Hit Makers* music series. **CenterStage** has also commissioned *Survivors*, a new play by Wendy Kout, based on the words and lives of ten Rochester-based Holocaust Survivors. The play will tour to area schools and community groups.

**CenterStage Theatre** is a local, professional theatre and a program of the **Louis S. Wolk Rochester Jewish Community Center**. The 42 year old theatre group has been under Producing Artistic Director Ralph Meranto since 2005. **CenterStage** produces a subscription season of plays and musicals and other specials events.

CenterStage performs in the 288-Seat Hart Theater at the JCC. The facility is equipped with an FM Hearing Assistance System, designated wheel chair seating, and ADA compliant bathroom and at grade entrances. "CC" designates Live Open Captioned performances for the deaf and hard of hearing.

2018-19 Season

**Dogfight:** July 21-29, 2018

**Becoming Dr. Ruth:** October 6-21, 2018

**The Legend of Georgia McBride:** December 1-16, 2018

**The Hit Makers: The British Are Coming:** Feb 2-17, 2019

**Indecent:** March 30-April 14, 2019

**Oklahoma!:** May 4-19, 2019

Tickets to CenterStage are \$33; \$29 for JCC members; \$20 for students/youth. Subscription packages on sale now. Tickets and information available at (585) 461-2000 or [www.jcccenterstage.org](http://www.jcccenterstage.org)