



ROCHESTER
WOMEN'S
NETWORK

CONNECT. GROW. SUCCEED.



News from the RWN President, Linda Heeler

As the year and my tenure as president come to an end, I've been reflecting on what RWN has accomplished over the past 2 years.

At the Strategic Taskforce's recommendation, the Board approved updating our brand,

website and presence in the community. Work began in March 2018 leading to the unveiling of our new logo last November as we celebrated RWN's 40th year with a spectacular party. The current website was launched the day after.

This year, our professional development program, formerly The Summit, was moved to June and renamed the Spring Symposium. It was a wonderful day mixed with workshops, networking and connections.

In May 2018, Sister Diana Dolce was recipient of the 32nd Annual W Award. We just celebrated yet another extremely successful W Award with this year's recipient being Sujatha Ramanujan.

RWN's work continues by exploring ways to have the organization reflect the diversity and richness of our community. To support that initiative, the Board recently created the position, VP of Diversity & Inclusion.

I've witnessed a revitalization and renewal of the commitment of the Board and an excitement among the members, committees and the community.

I'm grateful for our dedicated, motivated and creative volunteers. It is you who keep RWN flourishing. If you aren't already, I hope you will take the time to get involved. We need your voice.

We have several Board members who are completing their service. We are deeply appreciative for the time and resources they have given to RWN. Please be sure

November/December, 2019

CONTENTS

News from RWN President, Linda Heeler

Welcome New Members/Renewals

RWN Advocate Spotlight

Up & Coming Events

RWN Committee Announcements

Special Interest Groups (SIGS)

Community Connections

to thank Holly Hewins, Carol Kennedy, Dawn Hampsey, Susan Jefferson, Cynthia Ely and Caitlin Drago when you see them.

We are indebted to Sandy Richardson, our Director of Operations, for her continued hard work and dedication. Thank you, Sandy!

When I joined RWN 10 years ago, I never dreamt that I would be president one day. This experience has not only given me the opportunity to hone my leadership skills, it has extended and deepened my relationships with the Board, the members of RWN and the community.

Please join me in welcoming Megan Mills as president for 2020 as well as the incoming Board members. It has been a pleasure working alongside Megan this year to create as seamless a transition as possible. I am confident that, under Megan's leadership, we will continue to move the mission and vision of RWN forward.

Thank you for the honor and privilege it has been to serve as your president.

I wish you a safe and healthy holiday season!

With gratitude,
Linda Heeler

News from the Office

RWN is a volunteer driven organization, our success can be directly attributed to all the members who actively participate on our committees and lead our SIGs! **To thank our members the RWN Board of Directors is celebrating with a Member Appreciation networking event on Wednesday, December 4, 2019 at the Perkins Mansion. Please plan to join us!**

RWN Annual Meeting to elect our 2020 Board of Directors will be held on Thursday, November 14th from 11:30 am to 1:30 pm at the RWN Office. You may submit a proxy to cast your ballot in lieu of attending in person.

[Click here for the proxy, including bios for the candidates.](#)

RWN is hosting a shopping networking event with champagne & munchies at A Horse with Wings: improbably beautiful things... Thursday, November 21st. RWN will receive 25% of all purchases. Come check out this new, unique shop. No registration required, bring family and friends. Can't make it on the 21st, you may shop until December 5th, just mention RWN when you are cashing out and RWN will receive the same 25% benefit. Thank you RWN member, Linda Pezzimenti for hosting RWN.



RWN's 2019 Women Inspiring Women Award Celebration



Congratulations to Sujatha Ramanujan the 2019 "W" Award Recipient!

I would like to thank the entire committee for all the time and effort they committed to make the "W" Award Celebration a very special and successful event:

Susan Jefferson	Brigid Ryan
Tricia TenEyck	Paula Rogala
Erin Garrett	Jillian Jones
Kevin Fitch	Alissa Lusardi
Teresa Delibert	Jill Bates
Melanie Watson	Coleen Honeywill

A special thank you to RWN's "W" Award sponsors:



Educational Partner Network

NAZARETH COLLEGE

RWN continues their partnership with Nazareth College, a significant opportunity for members interested in pursuing a master's degree. The

Nazareth College Educational Partnership provides RWN members with a 20% tuition discount and opportunities for professional development, career advancement, network building, and acquisition of necessary, relevant skills that benefit our members.

Members receive the tuition discount for graduate degrees in education, human resources, management, or marketing at Nazareth, in addition to any employer tuition benefits. Please visit the [Nazareth Partnership Network Webpage](#) for more details and how to apply.

Reminder: *RWN has a new phone # 585.383.8080.*

RWN New Members and Renewals

Renewals

Alana Cahoon
Amanda Harrington
Cindi Crowley
Deborah Cox
Edie Steele
Jerry Elman
Jess Kamens
Jill Bates
Jillian Jones
Jodi Atkin
Joy Bergfalk
Joy Piccolo
Kathleen Roth
Linda Pezzimenti
Marcia Adams
Maria Darby
Mary Anne Shew
Mary Therese Friel
Robin Banker
Sara Bennett
Sarah Keenan
Tina McKean

Welcome

Brianna Pearce
Catherine Foster
Clara Fahey
Dawn Turcotte
Denise Reed-Lamoreaux
Jessica Barrios
Julie Grogan
Karen LaGruff
Kim Guerrieri
Kirsten Champlin
Lindsay Tambe
Nikki LaPlaca
Petra Letter
Randi Lattimore
Rene Sanchez-Kazacos
Rene Spallina
Sheila Tillich
Sujatha Ramanujan

Spotlight: RWN Board Member, Susan Jefferson, Owner of TechCreative, LLC



Susan Jefferson has three decades of experience as a computer professional working in computer programming and analysis, technical writing, project management, technology implementations, customer experience, and web design and development. TechCreative, LLC offers clients website design & development, hosting, and other technology

solutions. Susan holds a B.S. in Technical Communication from Rochester Institute of Technology; she has a Six Sigma Green Belt Certification. She enjoys working with creative clients to create websites that bring their story to life and grow their businesses.

After working at Xerox and a joint venture of Xerox and GE for many years, Susan joined RWN in 2012 specifically to be part of the RWN Refer SIG. The group has been an invaluable part of her business success, not only because of the business relationships, but because of the friendships that have developed with members of the group. After becoming involved in the Marketing Committee and the "W" Awards Committee, Susan took on additional roles in the organization, and has enjoyed working with and getting to know many other talented RWN members.

Susan has served as the VP of Marketing and the VP of Major Events for the past 4 years, she has also been instrumental in creating the RWN On-line Store, identifying new membership software and developing RWN's Website. – A very special thank you to Susan for her commitment to RWN!

Job opportunities in the Rochester Area

The RWN Office continues to get Job listings from the following organizations. If you are looking for a new position consider these resources.

For employment opportunities go to [EXCELLUS](#)

HR WORKS: Various Opportunities: <http://www.hrworks-inc.com/careers/job-opportunities>

Delibert Employment Solutions: Various Opportunities: <http://www.delibertemployment.com/Careers.aspx>

Public Relations Society of America Rochester
<https://prsarochester.org/classifieds.php?type=job>

Upcoming Events

Restauranteers SIG – November Dining Out

Date: Wednesday, November 13, 2019

Time: 6:00 p.m.

Location: Lucca Kitchen & Cocktails, 425 Merchants Road, Rochester, 14609

Price: All attendees pay for their own food & drinks

RSVP: [Register online NOW](#)

RWN SIG Spotlight: Young Professionals

Speaker: Cynthia Ely
Topic: Dining Etiquette Tutorial

Date: Tuesday November 12, 2019

Time: 12:30 pm to 1:30 pm

Location: Golden Fox Restaurant, 1115 Culver Road, Rochester, 14609

Price: Included with RWN Membership, Non-member \$10. Everyone pays for their own meal.

RSVP: [Register online NOW](#)

Holiday Shopping Fundraiser Event at A Horse with Wings – 25% of all sales donated to RWN!

Date: Thursday, November 21, 2019

Time: 5:00- 7:00 pm

Location: A Horse with Wings, 775 University Ave Rochester, 14607

Event Details: [Click here](#)

RSVP: NO registration required – please bring family & friends to check out this NEW gift shop. 25% of all sales will be donated to RWN

RWN December Monthly Networking

Sponsor Lauren Goetz, Owner of Everyday Hands.

Date: Tuesday, December 10, 2019

Time: 5:30 pm

Location: Genrich's Florist and Greenhouse, 375 Cooper Road Rochester, 14617

Registration opens soon!

RWN Committee Announcements

Marketing and Newsletter Committee

[RWN store is open through Monday, November 11, 2019 – Get your RWN on!](#)

RWN members are invited to submit blog posts about work life, business/professional education, and advancement.

Need ideas? Read our past posts at [RWN.org](#) for inspiration, ask your RWN co-members to help you develop your blog post idea, or get in touch to discuss. If you are interested in submitting a blog post, please contact Terra Osterling at terra@suddenwriteturn.com to discuss topics and timelines. Guidelines are available to help you format and organize your post!

The Marketing Committee is committed to getting the news out about all of the amazing things that RWN has to offer...but we can't do it alone! We need you to share our posts, forward the emails, and invite friends and colleagues to our events and to membership. Follow us on [Facebook](#), and [Twitter](#). Join our committee to share your marketing talents with RWN!

Date: FIRST Thursday of the month.

Next meeting November 7th, December 5th

Time: Noon

Location: Irondequoit Library, 1290 Titus Ave

RSVP: No Registration Required. For more information, contact Clarissa Markiewicz at cjimage79@gmail.com

Ambassador Committee

Ambassador Committee Members mentor new RWN Members to help them maximize their RWN experience. Committee members contact new members to explain their own RWN experience and how it has benefited them as well as finding the right SIG and/or Committee that matches the new members' goals and purpose for joining RWN.

The Ambassador Committee is always looking for new volunteers to share the benefits of their RWN experience with new members. Our group generally meets quarterly.

Date: Meet Quarterly. Next meeting: Thursday, January 16, 2020

Time: 9:00 am

Location: Brueggers, Monroe Ave

For more information, contact Nancy Woolver at newoolver@ft.newyorklife.com or (585) 683-2981.

Membership Committee

HELP RWN CONNECT. GROW. SUCCEED! As a membership run organization, you are the backbone of RWN. In order to continue to **CONNECT, GROW, and SUCCEED**, RWN needs your help. Please encourage your friends and colleagues to join RWN and enjoy the same benefits and opportunities you do.

PLEASE consider sharing your "RWN story" by submitting it to me at: lynn@bookkeepkerr.com

Please contact Sandy at (585) 383.8080 or at rwn@rwn.org if you have any questions.

The Membership committee works on developing strategies to retain current members and recruit new members. New committee members are always welcome

to attend our meetings and share growth opportunities, retention initiatives, and explore potential RWN opportunities. If you can't make a meeting, suggestions for membership initiatives are always welcome via email.

The Membership Benefits document is posted on the RWN website <http://www.rwn.org/levels.html>. We encourage members to review the benefits of different levels of membership and determine which level best suits their needs.

New Member Benefit: As a benefit of membership, all RWN members are invited to submit blog posts about work life, business/professional education, and advancement. If you are interested in submitting a blog post, please contact Terra Osterling at terra@suddenwriteturn.com to discuss topics and timelines. Guidelines are available to help you format and organize your post!

Reminder: SIGs are a member benefit. Please keep your membership current.

Remember your loyalty card when attending RWN events. Once you have had your loyalty card signed for attending twelve different RWN events in one year, you are entitled to get 20% off your next year's membership dues, whether you stay at the same level or upgrade to a higher membership level!

LOYALTY Cards: Everything you always wanted to know but were afraid to ask!

1. They do not expire.
2. Free networking events do not apply.
3. Member can have card signed once per year by committee chair or co-chair, for each committee they participate in.
4. Member can have card signed once per year by SIG leader for each SIG they participate in.
5. Member who brings in new paid member will have card signed for each new member.

We meet the fourth Wednesday of every month at noon. If you have any questions, or want more information, please contact Lynn Kerr at lynn@bookkeepkerr.com.

Date: *November & December meetings are combined*

Next meeting: December 11, 2019

Time: Noon

Location: 1115 East Main St (Old Hungerford Bldg.)
Rochester, NY 14609

RSVP: Contact Lynn Kerr if you plan to attend at lynn@bookkeepkerr.com.

Finance Committee

Have you ever thought about where RWN's revenue comes from or where it goes in a non-profit organization? Now is a good time to join our Finance committee and learn more about the financial obligations of an organization. Our committee works behind the scenes in areas that keep RWN running to include; providing annual budgets, reviewing contracts and supporting other committees as the financial liaison. I am confident that the knowledge you acquire from this committee will benefit your own career (or personal) success. Come join our group, no financial experience required. Interested? Please contact me, Cindi Crowley, cindic30@gmail.com or 585 329-9079.

Date: November 26 & December 31, 2019

Time: 7:30 to 8:30 am

Location: Conference Call: contact Cindi for details

If interested in joining our committee, contact Cindi Crowley at 585.329.9079 or cindi@rochester.rr.com.

Explore RWN - Orientation & Recruitment Committee

The Explore RWN committee is seeking volunteers to share their RWN experiences and their enthusiasm about RWN. The Committee organizes and holds orientation and recruitment sessions approximately every six weeks for potential members, new members, and members who just want to find out more about RWN. This is a great opportunity to practice your public speaking skills. This is also a great opportunity to network with potential and new RWN members.

Next Explore RWN: January 2020.

Please note location: Perkins Mansion on East Ave.
See event details above to register.

For more information or to join the committee, please contact Amy Varel at avarel@mccmlaw.com or (585) 546-2500.

2019 Program Committee

Develop programs to engage RWN members on a professional and personal level. We reach out to cultural organizations, corporations, and individuals to achieve goals and objectives of RWN in a fun, relaxed environment.

We welcome all RWN members to stop in for one of our programming meetings to see what it's about, and see if it's something for you! I look forward to seeing new faces at our next meeting.

Please join us for our upcoming programs. Details are available online at [RWN Upcoming Calendar of Events](#)

Date: First Thursday. Next meeting: November 7th and December 5th

Time: Noon

Location: Irondequoit Library, 1290 Titus Ave
Irondequoit, 14617

RSVP: Come join us! For more information, please contact Holly Hewins or Alissa Lusardi
HollisHewins@gmail.com OR Alissa.Lusardi@Northwest.com

Monthly Networking Committee

Seeking monthly networking sponsors for 2020. If you are interested please contact Sandy Richardson 585.383.8080

Enjoy RWN's monthly Free Networking event? The committee is looking for members to participate on the committee. Great opportunity to be on the front line to meet members and event attendees. Greet our guests, help develop & execute the ice breaker, identify members interested in sponsoring and share information about RWN. If you are interested please contact Sandy Sloane at sandy.sloane@solutionsbysloane.com or Sandy Richardson at rwn@rwn.org.

Community Service Committee

Network while giving back to the community. For more information, contact Brigid Ryan
<mailto:brigidsryan@gmail.com>

Date: First Monday of the month, next meeting December 2, 2019

Time: 6:00 p.m.

RSVP: Please contact Brigid Ryan at brigidsryan@gmail.com

Revenue Development Committee

Seeking additional committee members – see committee information below...

Next Meeting: November 7th & December 5th @ Noon

Please call or email Jillian Jones at 716-397-8932 or jillianj@supportivedivorcesolutions.com

What are the benefits of serving on the Revenue and Development Committee?

1. Going to meetings where you see the same group of women means you get to know about their business and/or profession on a deeper level. That is how real relationships are made both personally and professionally.

2. Committees are a friendly, safe environment to practice skills that you want to build up such as leadership, marketing, public speaking, to name a few.

3. Feeling like you should volunteer more but just don't "have the time"? Well yes, you are volunteering your time but serving on a committee does more than just putting in volunteer hours and making your heart warm. While giving back to your community you also get to have fun with other like-minded women and your marketing yourself and/or your business at the same time! Triple whammy!

Why is this committee important to RWN?

1. Revenue and development is closely intertwined with our other committees such as: major events, programs, marketing - we support them and work together for success.

2. We are a nonprofit and need to ensure that our programs and events are successful so that we have funds to run RWN; from SIG's to running our website. We want to continue to offer members what they are asking for and we can't do that without a healthy bottom line.

Are you interested in learning more?!

Please call or email Jillian Jones at 716-397-8932 or jillianj@supportivedivorcesolutions.com

I'm looking forward to reconnecting with you or speaking with you for the first time!

Together, 2020 is going to be one of the biggest years yet for RWN and YOU – connecting, growing and succeeding together!!!

Special Interest Groups (SIGs)

One RWN member benefit is the opportunity to participate in our SIGs. If you are interested in attending a SIG please join RWN. Click [here](#) for the link to our membership page.

RWN Leadership SIG: Leading with a purpose

FACILITATORS: Cynthia Ely, Michelle Wescott

Cynthia Ely MissCynthia@therefinementstudio.com;
Michelle Wescott mwescott@gillespieassociates.com

Purpose: To help each member become conscious of his/her leadership skills, provide support and peer guidance, provide a forum for problem-solving, and share best practices.

Group Demographics: We welcome members who are in leadership positions, transitioning into leadership positions, or have knowledge and experience to share.

Description: We are an interactive group. We provide peer support, conscious leadership development, and

problem-solving. Members are encouraged to: ♣ Request help and/or encouragement. ♣ Share leadership or management challenges. ♣ Be open to receiving thoughts, ideas, and suggestions from members. *Members are required to maintain confidentiality.

Format: Our group utilizes a variety of methods to increase learning and develop conscious leadership skills: books and articles, videos, panel discussions, speakers, and experiential learning activities. At each meeting, we will select three members who are seeking help with a problem or challenge. Our intent is to have them leave the meeting with possible solutions and/or a plan they feel good about.

Day, Time & Meeting **Third Friday** - Rochester Research Associates, 1115 East Main Street, Rochester, 14609 Enter through Door 7, Suite 311: 7:30 a.m. to 9:00 a.m. Networking 7:30 a.m. to 8:00 a.m., Meeting 8:00 a.m. to 9:00 a.m.

Board of Advisors SIG (BOA)

Contact: Dawn Hampsey: dawn@hampseycpa.com

Meet the first Wednesday of each month from 3:00 p.m. to 5:00 p.m. Membership is restricted to individuals who are business owners working full time at their business. Attendance at meetings is required, with two absences a year allowed. Members can call in for a meeting if they are unable to attend in person. If you are interested and would like more information, contact Dawn Hampsey

Support Imparting Growth (SIG) SIG (New Name! Same great group 😊)

Contact: Lori Sussle Bonanni lori@elssus.com

The group **will meet on the first and third Thursdays of the month**, with networking from 8:00 to 8:30 a.m. and the formal agenda from 8:30 to 9:30.

Date: November 7 & 21 & December 5 & 19

Time: 8:00 a.m. to 9:30 a.m.

Pricing: Included with RWN membership

RSVP: Interested members must contact SIG chair to seek group approval in order to maintain a safe environment that is free of competition.

Restauranteers SIG

Contact: Joanne Madonia, jmmral@rit.edu

Date: November 13, 2019

Time: 6:00 p.m.

Location for November : Lucca Kitchen and Cocktails

RSVP: Log in as a member to register

Please Note: **NO outing in December**

Questions? Contact Joanne Madonia, SIG Chair, at 585-475-7456 or by email: jmmral@rit.edu

Rochester Women Refer SIG

Contacts: Lauren Goetz: lauren@everydayhandshelp.com
OR April Wiesner: april@RocCityPopALock.com

RWN Rochester Women Refer SIG **meets the second and fourth Fridays of the month at noon** (due to the holiday schedule only once in Nov & Dec). Only one representative from each industry is allowed. Attendance is required with an occasional sub when you can't make it. This is to ensure that the group stays robust and interactive with the members.

Date: Friday, November 8 & December 13

Time: Noon

Location: Perkins Mansion, East Ave

RSVP/More Information: Lauren Goetz – Lauren@everydayhandshelp.com

Rochester Women Refer SIG II

Within the SIG, the purpose will be for members of each industry to support each other by passing leads and referrals to the other SIG members to increase sales for everyone within the room. This is a strategic networking group that meets 12:00 - 1:30PM the 2nd and 4th Thursday. Regular, on time attendance is expected and only one person from each industry will hold a spot. **This is a first come, first serve SIG membership!**

SIG: Rochester Women Refer SIG II

Leaders: Meg Leonard & Sarah Marche

Purpose: Create a place for business owners and salespeople to gather for the sole purpose of business development opportunities.

Requirements: Only one person from each industry will be allowed in the group to avoid overlap. Format: Networking, 60 second introduction with ideal client request, one 10 minute formal presentation by the members (rotating), one business topic, 5 minutes and review of group leads.

If you're interested, please email SIG chair, Meg Leonard coachmegleonard@gmail.com with your name, business name, industry and industry niche (I.E. Banking would be the industry but it could cover several niches: savings and checking, loans, mortgages, 401K, financial advice, etc.). Our purpose is to get as many people within the

room as possible so narrowing our niches will be important. We will follow up with a preliminary list.

Please Remember: This is a FIRST COME, FIRST SERVE group and we anticipate industries and niches will get locked out quickly so send us your interest ASAP.

Sales & Marketing SIG

Contact: Jackie Johnson: Jackie@offsiteaccounting.co
Meets the third Thursday of every month. Please send an email to jackie@offsiteaccounting.co if you are planning to attend, we have to give a count to the restaurant. This is a free event, but you do have to purchase lunch & contribute \$1 for the speaker's lunch.

Date: Third Thursday of every month. Next meeting: 11.21.19

Time: 11:45 to 1:15 p.m.

Location: Browncroft Family Restaurant

Pricing: Members pay for their own meals and drinks, plus contribute \$1 for the speaker's meal.

RSVP: Contact Jackie Johnson

Finance SIG

Contact: Holly Hewins

Date: 3rd Wednesday of the month, next meeting November 20, 2019

Time: Noon to 1:00 p.m.

Location: The King & I, 1455 E. Henrietta Road

Wineauxs SIG, Part Deux (A Drinking group with a networking problem)

Contact: Katie Rudow: kar4333@gmail.com

Date: Third Thursday of the month, Next meeting: November 21

Time: 5:30 p.m.

Location: Confirm by contacting Katie for details

Pricing: Please bring cash or check to cover expenses

Looking ahead in 2019...here's a **tentative** schedule. Suggestions are always welcome!

11/19/2019	Lemoncello
12/19/2019	Avvino

November SIG Spotlight

Guest Speaker: Cynthia Ely

Topic : Dining Etiquette Tutorial

Contacts: Taylor Garlock, taylor@rochra.com

Victoria Frankiewich, Victoria@waterstonefinancialservices.com

Purpose: Networking dedicated to the personal and professional growth of today's modern young professional woman.

Because YP's of today are heavily focused on a work/life balance, we decided we would like to have two meetings a month: one will focus on professional growth and one will be more of a fun, networking opportunity. Our goal is to create a variety of events for young professional women to grow and network, opportunities that move beyond traditional bar "meet-ups".

Next Date: Tuesday, November 12, 2019

Place: Golden Fox Restaurant

Time: 12:30 – 1:30 pm

Price: Attendees pay for their own meal

RSVP: [Register online NOW](#)

More Information please contact **Taylor or Victoria**

Community Connections

Nextcorps Luminate 2019 NY Lightning Awards

This exclusive event will introduce you to startups from around the world as they pitch for a spot in Luminate's next cohort! If you joined us at Light Tomorrow With Today this past summer, you know this is a one-of-a-kind showcase of innovation you can't see anywhere else.

Date: November 7, 2019

Time: 4:00 to 8:30 p.m.

Location: Strong Museum of Play

Pricing: Free, registration required

RSVP: to secure your free ticket at: bit.ly/2019-lightning

4:00: Doors Open

4:30-6:30: Startup Pitches and Awards

6:30-8:30: Reception with Hors D'oeuvres, Cash Bar, and Museum Fun

New SIG for 2019! Young Professional –

YWCA IS ON A MISSION

DO YOU THINK SANITARY PRODUCTS ARE A HUMAN RIGHT?

Call her at 585-719-3485 or email eeegloff@depaul.org.
Recovery IS possible.

After years of being made to feel ashamed of a normal bodily functions, more women are speaking up about menstruation and the need for society to treat feminine products as a very basic necessity.

Each and every day, hundreds of women and girls call the YWCA home. Whether they live in our emergency shelter for the homeless, the Steppingstone recovery program or long-term affordable housing, we believe they have the right to keep their bodies clean and healthy.

The reality is that sanitary pads and tampons are expensive and with a limited budget we need your help to provide the sanitary products needed to help keep our residents well.

Please consider dropping off sanitary products (soap, deodorant, tooth paste, tooth brushes, combs and brushes are always needed as well) at

YWCA of Rochester & Monroe County
175 N. Clinton Ave
Rochester NY 14604

Easy and free parking in our front lot located at
40 Bittner Street Rochester

Consider a drive at your office or ask your teen to create a collection at their school.

We need your help. Period.

For more information about ways to get involved in the mission of the YWCA of Rochester & Monroe County visit www.ywcarochester.org

Open Access

Sadly, 12% of all New Yorkers over 11 years old experience addiction or abuse disorders every year. The Monroe County Medical Examiner's Office released preliminary numbers stating there were 766 opioid-related overdose reports in 2017, 220 of which were fatal. Alcoholism and other substance use disorders continue to hurt individuals and families in our community every day.

When you or a loved one is ready to seek treatment, call or go to Open Access at 1350 University Avenue, Rochester (585-627-1777). Open Access is staffed 24/7 and welcomes all ages. There will be an evaluation and a connection to an appropriate level of care. Families seeking guidance can call a Recovery Support Navigator at 855-778-1200.

RWN member Erin Egloff, the Finger Lakes Addiction Resource Center Coordinator at the National Council on Alcoholism & Drug Dependence, can also guide you to the right resources.