



ROCHESTER
WOMEN'S
NETWORK

CONNECT. GROW. SUCCEED.



News from the RWN President, Megan Flanagan Mills



Happy 'Almost' Spring!

I don't know about you but I am ready for the sun to be shining and the flowers to be coming up! We are having a great start to the new year with RWN and I am excited to share a few successes and future events to be on the lookout for.

In January we had an amazing program brought to us by the Program Committee, Milo Primeax a local LGBTQ Civil Rights Attorney provided us with a workshop that focused on our own implicit bias. We discussed in detail privilege and what it means to be privileged in our world today. A fascinating topic for someone like me who is very privileged in this world we live in, Milo presented some great thoughts on the things that we can do to begin to understand our bias and the things we can do to begin to recognize these bias' in each of us. If you have some time, I would highly recommend taking a quick look at this NY Times video

(<https://www.youtube.com/watch?v=1JVN2qWSJF4>).

Additionally, the RWN Board of Directors had a training from our VP of Diversity Michelle Wescott about diversity and inclusion and what we can do to work on that in RWN. One of our main objectives for the next couple years is to become a more inclusive group and one of the ways to do that is to educate our members on inclusion. Are you interested in helping move this mission forward? The Diversity & Inclusion committee is starting to form, if you are interested in joining Michelle and her group lead this charge we would love for you to help! Also the second part of RWN's Making Space, a Diversity and Inclusion Series is on May 12th, Michelle Wescott is the speaker, the topic will be 'Creating a Culture of Belonging'

March/April 2020

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Finally, we have a date set for our Spring Symposium! Mark your calendars now for **Thursday June 4th**, our Special events committee is working diligently on hammering out all of the details for this event and I am confident that everyone in RWN will find value in attending the conference. Also, if you know anyone who might be interested in sponsoring this event please let us know, we are looking for major event sponsors and vendor table participants now.

Hope you all have an amazing 2 months and I am looking forward to seeing you all soon.

Sincerely,
Megan

News from the Office

If you are new to RWN or been a member for years please feel free to reach out to me if you need help navigating the organization. Happy to connect you to individuals or SIG Leaders or committee chairs. Or maybe you have feedback or ideas to share!

Engagement is the best way to maximize your membership. I may be reached at 585.383.8080 or rwn@rwn.org

Interested in sponsoring an RWN event? This is a good opportunity to gain some visibility for you and your company. There are opportunities to sponsor annual major events or monthly programs or members can sponsor & host our monthly networking events.

We can work with you on your budget and work to find a good match for your organization. If you are interested please contact me and I will get you connected to the correct committee to move this opportunity forward. rwn@rwn.org OR 585.383.8080.

Interested in getting published in the RWN blog?

As a benefit of membership, all RWN members are invited to submit blog posts about work life, business/professional education, and advancement.

Need ideas? Read our past posts at RWN.org for inspiration, ask your RWN co-members to help you develop your blog post idea, or get in touch to discuss. If you are interested in submitting a blog post, please contact Terra Osterling terra@suddenwriteturn.com to

discuss topics and timelines. [Review our guidelines](#) to help you format and organize your post.

Educational
Partner Network
NAZARETH COLLEGE

Nazareth College is offering a new opportunity to RWN members as part of our partnership. If you are interested in pursuing a master's degree in education, **the best teaching degrees, are now within your reach.**

Convenience for busy lives: New schedules: Three teaching master's degrees — [M.S.Ed. Literacy](#), [M.S.Ed. Adolescence Education \(grades 7-12\)](#) and [M.S.Ed. TESOL with additional ESOL certification](#) — are now formatted with online and one-night-a-week-on-campus schedules.

Cost: New lowered tuition for all education master's programs makes your grad teaching degree more affordable than ever.

And since you are a Rochester Women's Network member — an Educational Partner with Nazareth, you receive an additional tuition discount.

Each program's affordability webpage also lists multiple grants and other ways to help you pay for the degree.

New Program: In addition to graduate initial certification programs in inclusive early childhood, childhood, adolescence education, and teaching English to speakers of other languages (TESOL), Nazareth has been approved by the state to offer a stand-alone program leading to certification in both adolescence education and TESOL!

Jobs: Nazareth grads are in high demand, often getting hired for their desired teaching role even before completing their master's degree. The wave of baby boomers retiring is creating plentiful teaching jobs in the coming years across the region and the state. Teacher shortages are identified across all grade levels, preK-12. Teacher shortage areas are listed by state, city, and region on the [U.S. Department of Education website](#). April 1, 2020 is the preferred application deadline to start this fall.

Please visit the [Nazareth Partnership Network Webpage](#) for more details and how to apply.

Reminder: *RWN has a new phone # 585.383.8080.*

RWN New Members and Renewals

Renewals

Holly Hewins
Karen Schuhle Williams
Paula Rogala

Welcome

Sharon Perry-Ferrari
Lesia Napodano
Erin Perrotta

Carol Kennedy
Jean Blasdell
Betsy Henner
Connie Musante
Mary Beth Cameron
Dawn Hampsey
Lauren Goetz
Jackie Johnson
Joanne Madonia
Melissa Manney
Taylor Garlock
Tina Weaver
Betsy Foss
Renee Nearpass
Twyla Cummings
Lizz Ortolani
Linda Noeth
Erin Garrett
Susan Yovanoff
Janette Biehler
Sara Shimmel
Terra Osterling
Erin Egloff
Jill Wesley
Jerry Elman
Clarissa Markiewicz
Kimberly Miller Wilborn
Barbara Wyffels
Sandy Sloane

Renee Spang
Katerina Kramarchyk
Elizabeth Serling
Erin Nagle
Teri Adams
Maryellen Dance
Laurie Colasurdo
Lauren Tatanus
Wendy Abbott
Alaina Wong-Canissario
Joan Vadas
Phyllis Carroll
Anne Brett
Ellen Cullen
Nicole Newman
Christine Peartree
Amanda Blum
Muditha Halliyadde
Jessica Southwell
Magaly Rosario
Wendy Carter
Brooke Collins
Lori Coleman
Lindsay Mohr
Jui Trivedi
Laurel Burchell

fortune 500 companies. Sarah has a bachelor's degree in Psychology and an MBA in Consulting and Human Resources.

Sarah is the chair of the Spring Symposium Committee, co-chairs Referral SIG II for RWN, she is also participates in Wine SIG II.

Job opportunities in the Rochester Area

The RWN Office continues to get Job listings from the following organizations. If you are looking for a new position consider these resources.

For employment opportunities go to [EXCELLUS](#)

HR WORKS: Various Opportunities: <http://www.hrworks-inc.com/careers/job-opportunities>

Delibert Employment Solutions: Various Opportunities: <http://www.delibertemployment.com/Careers.aspx>

Public Relations Society of America Rochester
<https://prsarochester.org/classifieds.php?type=job>

Spotlight: RWN Board Member, Sarah Marché, Vice President of Leadership Logic



In this capacity, Sarah works with leaders and businesses across New York State. Sarah believes that the key to performance results is twofold; a clear vision that is understood by all and engagement with one's workforce. Sarah lives by the belief that people are the greatest asset that any company can have and that when businesses utilize strategy, engagement, and clarity, the sky is the limit. Sarah has worked with leaders at all levels to ensure strategic goals are met. She has coached owners, managers and emerging talent, developed and deployed strategic plans, established succession plans, and championed initiatives, all while helping leaders achieve their vision and results.

Throughout her career, Sarah has worked in a variety of organizations, including nonprofit, higher education and

Upcoming Events

Women's Leadership Rochester Style
Speaker: Jane Plitt, Co-founder of RWN

Date: Monday, March 30, 2020

Time: 5:30 p.m.

Location: Five Star Community Room, 395 Westfall Rd. Rochester 14620 (Costco Plaza)

Price: Members \$20, Nonmembers \$30

RSVP: [Register online NOW](#)

Restauranteers SIG – April 8 Dining Out

Date: Wednesday, April 8, 2020

Time: 6:00 p.m.

Location: Peppered Pig, 1759 Empire Blvd, Webster 14580

Price: All attendees pay for their own food & drinks

RSVP: [Register online NOW](#)

RWN SIG Spotlight – Referral SIG I

Date: Friday, March 13, 2020

Time: Noon

Location: Perkins Mansion – CARRIAGE HOUSE, 494 East Ave, Rochester, 14607

Price: Members included with RWN Membership, Non-member \$10.

RSVP: [Register online NOW](#)

RWN Explore – Information Session on RWN

Date: Monday, April 27, 2020

Time: 5:30- 7:00 pm

Location: Perkins Mansion, 494 East Ave Rochester, 14607

RSVP: [Register online NOW](#)

RWN March Monthly Networking

Sponsor Reagan Burns, Owner, Element Cowork

Date: Wednesday, March 25, 2020

Time: 5:30 pm

Location: Element Cowork, 890 Westfall Road, Suite C Rochester, 14618

RSVP: [Register online NOW](#)

RWN Making Space: A Diversity & Inclusion Series

Part II: *Creating a Culture of Belonging*

Speaker: *Michelle Wescott*

Date: Tuesday, May 12, 2020

Time: 5:30 pm

Location: Pittsford Rec Center Room 204, 35 Lincoln Ave Pittsford, 14534

RSVP: [Register online NOW](#)

RWN Committee Announcements

Marketing Committee

RWN members are invited to submit blog posts about work life, business/professional education, and advancement.

Need ideas? Read our past posts at RWN.org for inspiration, ask your RWN co-members to help you develop your blog post idea, or get in touch to discuss. If you are interested in submitting a blog post, please

contact Terra Osterling at terra@suddenwriteturn.com to discuss topics and timelines. Guidelines are available to help you format and organize your post!

The Marketing Committee is committed to getting the news out about all of the amazing things that RWN has to offer...but we can't do it alone! We need you to share our posts, forward the emails, and invite friends and colleagues to our events and to membership. Follow us on [Facebook](#), and [Twitter](#). Join our committee to share your marketing talents with RWN!

Date: FIRST Thursday of the month.

Next meeting April 2nd, May 7th

Time: Noon

Location: Irondequoit Library, 1290 Titus Ave

RSVP: No Registration Required. For more information, contact Clarissa Markiewicz at cjimage79@gmail.com

Ambassador Committee

Ambassador Committee Members mentor new RWN Members to help them maximize their RWN experience. Committee members contact new members to explain their own RWN experience and how it has benefited them as well as finding the right SIG and/or Committee that matches the new members' goals and purpose for joining RWN.

The Ambassador Committee is always looking for new volunteers to share the benefits of their RWN experience with new members. Our group generally meets quarterly.

Date: Meet Quarterly. Next meeting: Thursday, April 30, 2020

Time: 9:00 am

Location: Brueggers, Monroe Ave

For more information, contact Nancy Woolver at newoolver@ft.newyorklife.com or (585) 683-2981.

Membership Committee

HELP RWN CONNECT. GROW. SUCCEED! As a membership run organization, you are the backbone of RWN. In order to continue to **CONNECT, GROW, and SUCCEED**, RWN needs your help. Please encourage your friends and colleagues to join RWN and enjoy the same benefits and opportunities you do.

PLEASE consider sharing your "RWN story" by submitting it to Lynn Kerr at: lynn@bookeepkerr.com

Please contact Sandy at (585) 383.8080 or at rwn@rwn.org if you have any questions.

The Membership committee works on developing strategies to retain current members and recruit new members. New committee members are always welcome to attend our meetings and share growth opportunities, retention initiatives, and explore potential RWN opportunities. If you can't make a meeting, suggestions for membership initiatives are always welcome via email.

The Membership Benefits document is posted on the RWN website <http://www.rwn.org/levels.html>. We encourage members to review the benefits of different levels of membership and determine which level best suits their needs.

New Member Benefit: As a benefit of membership, all RWN members are invited to submit blog posts about work life, business/professional education, and advancement. If you are interested in submitting a blog post, please contact Terra Osterling at terra@suddenwriteturn.com to discuss topics and timelines. Guidelines are available to help you format and organize your post!

Reminder: SIGs are a member benefit. Please keep your membership current.

Remember your loyalty card when attending RWN events. Once you have had your loyalty card signed for attending twelve different RWN events in one year, you are entitled to get 20% off your next year's membership dues, whether you stay at the same level or upgrade to a higher membership level!

LOYALTY Cards: Everything you always wanted to know but were afraid to ask!

1. They do not expire.
2. Free networking events do not apply.
3. Member can have card signed once per year by committee chair or co-chair, for each committee they participate in.
4. Member can have card signed once per year by SIG leader for each SIG they participate in.
5. Member who brings in new paid member will have card signed for each new member.

We meet the fourth Wednesday of every month at noon. If you have any questions, or want more information, please contact Lynn Kerr at lynn@bookkeepkerr.com.

Date: March 25, 2020 & April 22, 2020

Time: Noon

Location: 1115 East Main St (Old Hungerford Bldg.)
Rochester, NY 14609

RSVP: Contact Lynn Kerr if you plan to attend at lynn@bookkeepkerr.com.

Finance Committee

Have you ever thought about where RWN's revenue comes from or where it goes in a non-profit organization? Now is a good time to join our Finance committee and learn more about the financial obligations of an organization. Our committee works behind the scenes in areas that keep RWN running to include; providing annual budgets, reviewing contracts and supporting other committees as the financial liaison. I am confident that the knowledge you acquire from this committee will benefit your own career (or personal) success. Come join our group, no financial experience required. Interested? Please contact me, Cindi Crowley, cindic30@gmail.com or 585 329-9079.

Date: March 31 & April 28

Time: 7:30 to 8:30 am

Location: Conference Call: contact Cindi for details

If interested in joining our committee, contact Cindi Crowley at 585.329.9079 or cindi@rochester.rr.com.

Explore RWN - Orientation & Recruitment Committee

The Explore RWN committee is seeking volunteers to share their RWN experiences and their enthusiasm about RWN. The Committee organizes and holds orientation and recruitment sessions approximately every six weeks for potential members, new members, and members who just want to find out more about RWN. This is a great opportunity to practice your public speaking skills. This is also a great opportunity to network with potential and new RWN members.

Next Explore RWN: April 27, 2020.

Please note location: Perkins Mansion on East Ave.
See event details above to register.

For more information or to join the committee, please contact Amy Varel at avarel@mccmlaw.com or (585) 546-2500.

2020 Program Committee

Develop programs to engage RWN members on a professional and personal level. We reach out to cultural organizations, corporations, and individuals to achieve goals and objectives of RWN in a fun, relaxed environment.

We welcome all RWN members to stop in for one of our programming meetings to see what it's about, and see if

it's something for you! I look forward to seeing new faces at our next meeting.

Please join us for our upcoming programs. Details are available online at [RWN Upcoming Calendar of Events](#)

Date: First Thursday. Next meeting: April 2, and May 7

Time: Noon

Location: Irondequoit Library, 1290 Titus Ave
Irondequoit, 14617

RSVP: Come join us! For more information, please contact Alissa Lusardi OR Linda Heeler

Alissa.Lusardi@Northwest.com

linda@liveinspiredlifecoaching.com

Monthly Networking Committee

Enjoy RWN's monthly Free Networking event? The committee is looking for members to participate on the committee. Great opportunity to be on the front line to meet members and event attendees. Greet our guests, help develop & execute the ice breaker, identify members interested in sponsoring and share information about RWN.

Members are invited to sponsor and host this monthly event – if you would like more information please contact Irene McKenna - irene@irenemckencoaching.com

Or Sandy Richardson at rwn@rwn.org.

Community Service Committee

Network while giving back to the community. For more information, contact Brigid Ryan

<mailto:brigidsryan@gmail.com>

Date: First Monday of the month, next meeting
April 6, 2020 & May 4, 2020

Time: 6:00 p.m.

RSVP: Please contact Brigid Ryan at

brigidsryan@gmail.com

Revenue Development Committee

Seeking additional committee members – see committee information below...

Please call or email Jillian Jones at 716-397-8932
or jillianj@supportivedivorcesolutions.com

What are the benefits of serving on the Revenue and Development Committee?

1. Going to meetings where you see the same group of women means you get to know about their business and/or profession on a deeper level. That is how real relationships are made both personally and professionally.

2. Committees are a friendly, safe environment to practice skills that you want to build up such as leadership, marketing, public speaking, to name a few.

3. Feeling like you should volunteer more but just don't "have the time"? Well yes, you are volunteering your time but serving on a committee does more than just putting in volunteer hours and making your heart warm. While giving back to your community you also get to have fun with other like-minded women and your marketing yourself and/or your business at the same time! Triple whammy!

Why is this committee important to RWN?

1. Revenue and development is closely intertwined with our other committees such as: major events, programs, marketing - we support them and work together for success.

2. We are a nonprofit and need to ensure that our programs and events are successful so that we have funds to run RWN; from SIG's to running our website. We want to continue to offer members what they are asking for and we can't do that without a healthy bottom line.

Are you interested in learning more?!

Please call or email Jillian Jones at 716-397-8932
or jillianj@supportivedivorcesolutions.com

I'm looking forward to reconnecting with you or speaking with you for the first time!

Special Interest Groups (SIGs)

One RWN member benefit is the opportunity to participate in our SIGs. If you are interested in attending a SIG please join RWN. Click [here](#) for the link to our membership page.

RWN Leadership SIG: Leading with a purpose

FACILITATORS: Cynthia Ely, Michelle Wescott

Cynthia Ely MissCynthia@therefinementstudio.com;

Michelle Wescott mwescott@gillespieassociates.com

Purpose: To help each member become conscious of his/her leadership skills, provide support and peer guidance, provide a forum for problem-solving, and share best practices.

Group Demographics: We welcome members who are in leadership positions, transitioning into leadership positions, or have knowledge and experience to share.

Description: We are an interactive group. We provide peer support, conscious leadership development, and problem-solving. Members are encouraged to: ♣ Request help and/or encouragement. ♣ Share leadership or

management challenges. ♣ Be open to receiving thoughts, ideas, and suggestions from members.
*Members are required to maintain confidentiality.

Format: Our group utilizes a variety of methods to increase learning and develop conscious leadership skills: books and articles, videos, panel discussions, speakers, and experiential learning activities. At each meeting, we will select three members who are seeking help with a problem or challenge. Our intent is to have them leave the meeting with possible solutions and/or a plan they feel good about.

Day, Time & Meeting **Third Friday** - Rochester Research Associates, 1115 East Main Street, Rochester, 14609
Enter through Door 7, Suite 311: 7:30 a.m. to 9:00 a.m.
Networking 7:30 a.m. to 8:00 a.m., Meeting 8:00 a.m. to 9:00 a.m.

Board of Advisors SIG (BOA)

Contact: Dawn Hampsey: dawn@hampseycpa.com

Meet the first Wednesday of each month from 3:00 p.m. to 5:00 p.m. Membership is restricted to individuals who are business owners working full time at their business. Attendance at meetings is required, with two absences a year allowed. Members can call in for a meeting if they are unable to attend in person. If you are interested and would like more information, contact Dawn Hampsey

Support Imparting Growth (SIG) SIG

Contact: Lori Sussle Bonanni lori@elssus.com

The group **will meet on the first and third Thursdays of the month**, with networking from 8:00 to 8:30 a.m. and the formal agenda from 8:30 to 9:30.

Date: March 5 & 19, April 2 & 16

Time: 8:00 a.m. to 9:30 a.m.

Pricing: Included with RWN membership

RSVP: Interested members must contact SIG chair to seek group approval in order to maintain a safe environment that is free of competition.

Restauranteers SIG

Contact: Joanne Madonia, jmmral@rit.edu

Date: April 8, 2020

Time: 6:00 p.m.

Location for April: Peppered Pig on Empire Blvd

Pricing: Everyone pays for their own food & drink

RSVP: [Register online NOW](#)

Questions? Contact Joanne Madonia, SIG Chair, at 585-475-7456 or by email: jmmral@rit.edu

Geek Squad SIG

Chair: Terra Osterling

terra@suddenwriteturn.com

Do you have action figures on display in your workspace? Can you easily shift between a 'galaxy far, far away' and 'Platform 9 and 3/4'? Is your other car a Tardis? Then you might fit in with the Geek Squad SIG.

This is a social group that meets quarterly at the pleasure of the members, who share a love for the sci-fi, fantasy, and super hero worlds of books, movies, tv shows, comics, and video games. Meetups have occurred at POP ROC Cereal Bar; future meetups might include movies at theaters or in-home screenings.

Please contact Terra Osterling to be included on the next meetup discussion. Introverts welcome!

Date: Quarterly, as determined by the group

Time: Saturday mornings

Rochester Women Refer SIG I

Contacts: Lauren Goetz: lauren@everydayhandshelp.com
OR April Wiesner: april@RocCityPopALock.com

RWN Rochester Women Refer SIG I **meets the second and fourth Fridays of the month at Noon**. Only one representative from each industry is permitted. Attendance is required with an occasional sub when you can't make it. This is to ensure that the group stays robust and interactive with the members.

Date: Friday, March 13 & 27 & April 10 & 24

Time: Noon

Location: Perkins Mansion, East Ave

RSVP/More Information: Lauren Goetz – Lauren@everydayhandshelp.com

Rochester Women Refer SIG II

Leaders: **Meg Leonard & Sarah Marche**

Purpose: Create a place for business owners and salespeople to gather for the sole purpose of business development opportunities.

Requirements: Only one person from each industry will be allowed in the group to avoid overlap. Format: Networking, 60 second introduction with ideal client request, one 10 minute formal presentation by the

members (rotating), one business topic, 5 minutes and review of group leads.

If you're interested, please email SIG chair, Meg Leonard coachmegleonard@gmail.com with your name, business name, industry and industry niche (I.E. Banking would be the industry but it could cover several niches: savings and checking, loans, mortgages, 401K, financial advice, etc.). Our purpose is to get as many people within the room as possible so narrowing our niches will be important. We will maintain a waitlist as needed by industry/niche.

The group **will meet on the first and third Thursdays of the month** from Noon to 1:30 pm

Date: March 19, April 2 & 16

Time: Noon

Location: Browncroft Diner

Sales & Marketing SIG

Contact: Jackie Johnson: Jackie@offsiteaccounting.co

Meets the third Thursday of every month. Please send an email to jackie@offsiteaccounting.co if you are planning to attend, we have to give a count to the restaurant. This is a free event, but you do have to purchase lunch & contribute \$1 for the speaker's lunch.

March Topic: Rebranding your Business, Speaker: Tricia TenEyck

April Topic: Responding to on-line reviews – both Good and Bad, Speaker: April Weisner

Date: Third Thursday of every month. Next meeting: March 19 & April 16

Time: 11:45 to 1:15 p.m.

Location: Browncroft Family Restaurant

Pricing: Members pay for their own meals and drinks, plus contribute \$1 for the speaker's meal.

RSVP: Contact Jackie Johnson

Finance SIG

Contact: Holly Hewins

Date: 3rd Wednesday of the month, next meeting March 18 & April 15

Time: Noon to 1:00 p.m.

Location: The King & I, 1455 E. Henrietta Road

Young Professional SIG

Contacts: Taylor Garlock, taylor@rochra.com &

Victoria Frankiewich, Victoria@waterstonefinancialservices.com

Purpose: Networking dedicated to the personal and professional growth of today's modern young professional woman.

Our goal is to create a variety of events for young professional women to grow and network, opportunities that move beyond traditional bar "meet-ups".

Date: Thursday, March 26, 2020 & April 23, 2020

Place: TBD

Time: 5 pm

Price: Included with RWN membership

RSVP: To Taylor or Victoria

Wineauxs SIG, Part Deux (A Drinking group with a networking problem)

Contact: Katie Rudow: kar4333@gmail.com

Date: Third Thursday of the month, Next meetings: March 19, 2020 & April 16, 2020

Time: 5:30 p.m.

Location: Confirm by contacting Katie for details

Pricing: Please bring cash or check to cover expenses

Looking ahead to 2020...here's a **tentative** schedule. Suggestions are always welcome!

3/19/2020	TBD
4/16/2020	The Peppered Pig
5/21/2020	Lilac Fest VIP Tent
6/18/2020	Rella
7/16/2020	Flight West
8/20/2020	Pane Vino
9/17/2020	Grappa
10/15/2020	Hattie's
11/19/2020	NOTL? Niagara On the Lake - take it on the road?
12/17/2020	Avvino

Community Connections

SCORE Upcoming Programs

[SCORE Workshops Click here.](#)

Resolve of Greater Rochester

Resolutionary Awards Breakfast – April 21, 7:00 am

The RESOLUTIONARY Award Breakfast celebrates everyday heroes who are absolutely committed to preventing and ensuring the safety of all people against intimate partner, family violence and sexual violence. Recipients are both professionals and grassroots champions who stand tall everyday in a way that cultivates change and inspires others thus forging a path toward a future where all people are free to thrive. Keynote speaker and award recipients to be announced. This event is a critical fundraiser for RESOLVE.

Registration link:

<https://forms.donorsnap.com/form?id=78aca30f-0959-4c3f-a0a5-22f0685639a2>

Open Access

Sadly, 12% of all New Yorkers over 11 years old experience addiction or abuse disorders every year. The Monroe County Medical Examiner's Office released preliminary numbers stating there were 766 opioid-related overdose reports in 2017, 220 of which were fatal. Alcoholism and other substance use disorders continue to hurt individuals and families in our community every day.

When you or a loved one is ready to seek treatment, call or go to Open Access at 1350 University Avenue, Rochester (585-627-1777). Open Access is staffed 24/7 and welcomes all ages. There will be an evaluation and a connection to an appropriate level of care. Families seeking guidance can call a Recovery Support Navigator at 855-778-1200.

RWN member Erin Egloff, the Finger Lakes Addiction Resource Center Coordinator at the National Council on Alcoholism & Drug Dependence, can also guide you to the right resources.

Call her at 585-719-3485 or email eegloff@depaul.org.

Recovery IS possible.